



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

★★★★S

## General Information A-Z

### A

On the day of your **arrival**, we ask for your understanding that your room can usually not be occupied before 16:00. On the day of departure, the room is available until 11:00 am.

If the red indicator light on your telephone is on, a message has been left on your **answering machine**. To listen to the message, press the "Answering Machine" key on your telephone and follow the further instructions.

You would like to make an appointment in our **medical practice**? This is possible via our reception, which you can reach via the house phone number 500 or via the "Reception" button.

The **Allgäu-Walser-Card** is an electronic guest card in credit card format. You can have various services booked on it. You can find more information in the additional booklet of the Allgäu-Walser-Card, which you can get at the reception. This card is also your room card. Please understand that this card is a deposit card with a value of EUR 10,00. The deposit will be added to your bill upon arrival and paid back in cash upon departure. We ask you to return the cards undamaged immediately before departure. If you lose or damage the cards, we take the liberty of charging you EUR 10.00 for the card.

All courses of the SCHÜLE'S **active and outdoor program** are included in your stay. You can find more information about our daily and event program at our Power-Point-Information on the ground floor opposite the doctor's office or at the reception.

### B

A **bath basket** with fluffy bathrobe, sauna towels and a pair of guest slippers are available free of charge for the duration of your stay. Both the bath basket is available for Euro 19.90, as well as the bathrobes for Euro 45.00 in the SCHÜLE'S Shop "Presents & More" available.

We cordially invite you to our daily evening **reflection** in the "Room of Silence". Take the elevator to the basement and follow the signs, (see also site plan).



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

★★★★S

If you would like to rent a mountain **bike**, e-bike or e-trekking bike (bicycle with electric motor), please contact the reception.

We will be happy to send our current **brochure** with information and prices to your friends and acquaintances, who are also looking for rest and relaxation, upon your recommendation.

**C** You can call a **cab** at the cab center 08322 98210. Our reception will be happy to help you with the organization and take care of the order for you.

**D** We will be happy to bring you a selection of different **drinks** to fill your minibar. An order list for this is available on request at our reception. You can also order your minibar beverage package conveniently via our SCHÜLE'S online store from the road or from your room. Simply select our SCHÜLE'S online store via our digital guest folder, log in with your data and order your beverage package. If you order drinks outside the minibar offer, we charge an amount of EUR 4.00 for room service.

There is generally no **dress code**. However, we ask that you refrain from wearing tracksuits, shorts, T-shirts, etc. at lunchtime and in the evening. We also ask you not to take breakfast in a bathrobe and to dress appropriately for a festive buffet or a candlelight dinner.

**E** A charging station for your **electric car** is available for a fee. Please contact the reception, we will be happy to assist you.

You are welcome to store your own **e-bikes** free of charge in our garage, which is locked overnight. Of course you can charge your e-bike batteries with us, for this purpose sockets are available in the garage. We kindly ask for your understanding that the charging of e-bike batteries in the rooms is prohibited for fire protection reasons.

In case of **emergency**, please press the " 9 " button on your phone or simply place the handset next to the phone.

Various **events** such as classical concerts, fairy tale evenings, lectures and much more take place on a weekly basis. The current information can be found on the notice board in front of the restaurant and in the current weekly and daily mail.



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

★★★★S

H

**Hygiene items** such as a toothbrush, toothpaste, razor, shampoo and shower gel are available at the reception.

A **hiking map** with hiking suggestions is available at the reception.

Should you be the holder of a severely **handicapped ID card** (only valid for "aG", "BL", "H" or "proof for instructed accompanying person"), please hand it in at the reception so that we can apply for an exemption of the spa tax for you at the spa administration.

As part of our extended **half-board**, after the rich breakfast buffet or optional late riser breakfast, a daily varying vital midday snack with fresh salads, soup of the day and light snacks for in between awaits you. Afterwards, you are welcome to enjoy our homemade cakes, before our kitchen spoils you in the evening with a 5-course choice menu.

I

We would like to inform you that ironing in the rooms is prohibited by the authorities. You are welcome to use our ironing service for a fee.

Your invoices will be issued the day before your departure separately for rooms, treatments and other extras.

You are welcome to pay the bill already on the day before your departure in the time from 14:00 to 19:30. Of course, payment of the bill is also possible on the day of departure. Payment is possible in cash, by crossed check, with the EC card with a Visa or Mastercard

L

We offer a large selection of books in our **library** in the fireplace room. Our library is freely accessible to you for this purpose around the clock. Our reception staff will be happy to help you with your selection.

Of course we will help you with your **luggage** on the day of your departure. Please simply report briefly to the reception for this. If you want to spend your last day at SCHÜLE'S or in Oberstdorf, we will keep your luggage safe for you safely.

If you want to check in your **luggage** by train "door to door", please contact the reception at least 3 days before your departure.



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

★★★★S

You are welcome to drop off outgoing **letters** at our reception, they will be handed over to the post office daily at 8:00 am and 3:00 pm (Saturdays only at 8:00 am). On Sunday there is no handover to the post office.

Our housekeeper will arrange **laundry** and clothing care for you. You will receive the form "My laundry request" on request from your floor lady or at our reception. Your laundry will be returned to you cleaned and ironed within 24 hours after it has been handed in.

**M** For **meal** times, please refer to the Welcome Information that you will receive upon arrival.

You are welcome to make appointments for **medical** prescriptions at our SPA reception in the basement.

**N** We would be very happy to keep you informed about the various offers, activities and innovations even after your TIME OUT. You are welcome to leave your email address for our monthly **newsletter** at the reception.

Would you like a **newspaper**? You can purchase various daily newspapers at the reception desk. If you would like a particular newspaper every day, just let the reception know. Your reading will then hang on your room door every morning. You are welcome to purchase a selection of magazines in our "Presents & More" store from Monday to Friday between 09:00 and 12:00.

**P** Do you need a **photocopy** or a scan? You are welcome to contact our staff at the reception for this purpose.

International **plug adapters** are available for the duration of your stay. Please ask our staff at the reception.

Prescriptions for the **pharmacy** can be handed in at the reception. We will do the errand for you.

**Q** We ask you to respect the **quiet** hours in the interest of all guests.

**R** Our **reception** is staffed 24 hours a day and you can reach them from your room phone at any time by dialing 500.



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

★★★★S

Our **restaurant** is open for breakfast from 7:30 - 10:00 and for dinner from 18:00 - 20:30.

For an extra charge you will receive your breakfast or dinner (between 08:00 - 20:00) by **room service** to your room. For dinner you are welcome to choose and enjoy up to three courses from our menu. Please dial house phone no. 505 and during meals no. 504. Room service for meals is charged with EUR 10.00. A fee of EUR 4.00 is charged for beverage orders which are placed outside the minibar order list.

Your electronic **room key** is also your access from our underground car park to the main building when you book the underground car park. You can also use the room card to open the barrier at the parking lot.

S

Our restaurant **SichtBar** is open daily from 09:30 to 18:00 for you. During this time you can enjoy our late riser's breakfast from 10:00 to 11:30 as well as our vital midday snack from 13:00 to 15:00 and a selection of cakes from 15:00 to 17:00 as part of the pampering board.

In our restaurant SichtBar you can also relax casually in your bathrobe or sportswear and enjoy refreshing drinks or a cup of coffee.

In the interest of our guests' health, SCHÜLE'S Gesundheitsresort & Spa is a completely non-**smoking** establishment.

Our panoramic indoor **swimming** pool is open daily. You take the elevator to the basement and follow the signs, see site plan.

In the interest of all guests, we ask you not to use your **smartphone** in the public areas of the house. If you have forgotten your charging cable, a small selection is available at the reception.

Relax in our **spa area** "Marinium®", in our Ladies'SPA, as well as in our relaxation lounge ZeitLOS to read, switch off and come to rest. Use the sauna landscape with brine grotto and aroma grotto, caldarium and Finnish sauna and our bathing landscape with flowing, steaming and massaging water streams and relax in the tepidarium.



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

For more information, please<sup>★★★★S</sup> see our Marinium Primer, as well as our Ladies' SPA Elements. Take the elevator to the basement or upper floor and follow the signs, see also site plan.

The Ladies' **SPA** as well as the textile area in the Marinium are open for you from 11:00 am to 8:00 pm and the nude area from 1:00 pm to 8:00 pm.

Do you need **souvenirs** for your loved ones at home? In our store "Presents & More" - open from Monday to Friday in the time from 08:30 to 12:00 - in the basement you will certainly find the right thing.

Your healthy **sleep** is very important to us and we would like to provide you with a beautiful and dreamlike night with your personal sleep menu. You will find the order list for the pillow menu on your bed. If you have a request, please place the completed slip on your bed and your floor lady will prepare everything as requested for you during the next room cleaning. We change your bed linen every 5 days. If you wish a more frequent change, please inform your floor lady. We have our bathrobes available in standard sizes M and XL. We are also happy to offer XXL.

On all floors you will find a **shoe shine machine**, which is always available free of charge.

T

Our **TV** sets are equipped with satellite reception, so you can choose between different programs. You will find the listing of the channels on the TV. On program 44, our hotel information channel, you will find out the most important information of the day, such as the weather forecast, the current hiking or snow sports report and the events in Oberstdorf.

If you would like your **towels** changed, please place them in the shower or bath tub.

All rooms have a **telephone** with exchange connection, direct dialing and own answering machine (see also under A), i.e. you can be called from outside directly in your room at any time. Your extension number is: 08322 701 - XXX and ends with your 3-digit room number. The extension number for rooms with the digit "0" at the beginning requires a "4" instead of the first digit "0" (example: 08322 701 - 4XX).



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

Room number 112 can be<sup>\*\*\*\*\*S</sup> reached via the number 412 due to the emergency call.

If you were particularly satisfied with our staff and you would like to give them a **tip**, a communal cash box for the entire SCHÜLE'S team is available for this purpose at the reception. You can send this personally to the employees of the SPA department, floor and service.

**U** **Umbrellas** are available for you at the entrance. You are welcome to borrow them at any time.

**V** Our gym "**Viva-Fit**" is at your disposal every day. The modern fitness equipment from Precor is easy to use and unsurpassed in effect and comfort. If you wish, our physiotherapists will advise you. You can find the Viva-Fit by taking the elevator to the basement and following the signs, see site plan.

**Valuables** we ask you to deposit in your safe, as it is insured against burglary/theft up to EUR 11,000.00. Larger amounts we ask to deposit in the form of a deposit at the reception.

**W** All SCHÜLE'S rooms are equipped with DSL. Via a **W-LAN** or LAN connection and a password, you can go online quickly and easily. You will find the password in your welcome information, which you will receive upon arrival.

If you are **walking alone**, we ask you to sign out at the reception in your own interest and leave your destination there.

You can conveniently make appointments for **wellness treatments** and cosmetics online via our SCHÜLE'S online store, which you can also find in our digital guest folder. Simply and easily log in with your data, select the desired treatment and desired date and reserve. You will receive your confirmation by mail directly afterwards.

**Wake up:** If you would like to be awakened at a specific time, please notify the front desk. We will then wake you up by phone at the desired time.



# SCHÜLE'S

GESUNDHEITSRESORT & SPA

★★★★S

We wish you a pleasant stay

Yours

and the entire SCHÜLE'S team